

Exam. Code: 1182

(2056)

Sub. Code: 45685

P.G. Diploma in Guidance and Counseling-Second Semester
PGDGC-05: Career Education

Time allowed: 3 Hours

Max. Marks: 75

NOTE: Attempt five questions in all, including Question No. IX (Unit-V) which is compulsory and selecting one question each from Unit I - IV.

x-x-x

UNIT - I

- I. Define career development and trace the historical development of Career development. (15)
- II. Elaborate emerging trends in the world of work careers and specify why there is a growing need for career education. (15)

UNIT - II

- III. Enumerate core stages within Super's theory of vocational development and also state practical implications of Super's theory for career counselors'. (15)
- IV. Enlist key developmental stages outlined in Ginzberg and Associates' theory of occupational choice and how does this theory explain transition from childhood fantasies about careers to more realistic choices in adulthood. (15)

UNIT - III

- V. Examine specific challenges and opportunities which changing economic conditions bring for individuals seeking career guidance. (15)
- VI. Discuss role of career guidance in helping individuals balance the competing demands and aspirations related to their work, family responsibilities, educational pursuits and leisure time. (15)

UNIT - IV

- VII. Define career maturity and specify its crucial importance in individual's career development. (15)
- VIII. Analyze the role of technology and digital resources in empowering students in their career exploration and decision-making processes. (15)

UNIT - V

- IX. Write short notes on the following:-
 - a) Career development as a tool for personal growth
 - b) Stages involved in Tiedeman and O'Hara's theory of career decision-making
 - c) Responsibility of career education in addressing career choice anxiety.
 - d) Challenges while matching individual's characteristics with suitable career choices. (15)